



August/September 2026

5-8 SCHOOL MENU

Healthy Body ~ Healthy Minds

OFFERED DAILY

Jammie (V)

Unbuttered Jelly Sandwich

Fresh Fruit & Yogurt

Parfait (V)

Salad of the Day

Deli Sandwich of the Day

Ham or Halal Turkey on a Bulky Roll or Wrap with Lettuce, Tomato & Cheese

Served with a Whole Grain Snack

Fun Lunch (V)

Fruit Yogurt Cup, Cheese, Bites, Goldfish Crackers and Grapes

Hot Sandwich Station

Pizza Varieties

Every Meal Comes Complete with Fruit, Milk and Veggies

Fruit & Veggies May Include: Carrots, Cucumber, Tomatoes, Celery Sticks, Three Bean Salad, Fresh Fruit, Fruit Cups, Raisins, 100% Fruit Juice and More!

When Possible, We Purchase Local and Source Farm to Table Ingredients

Milk Choices Include:
1% White
Fat-Free White

K- Kosher Option

H- Halal Option

V - Vegetarian Option

GF- Gluten Free Option

Breakfast & Lunch

1st Meal Is Free To All Students

Powering
potential.

MON	TUES	WED	THURS	FRI
		26	27	28
		"Delicious" Pizza Crunchers (V) Tomato Poppers Celery Sticks Juicy Apple Choice of Milk	"Hot and Crispy" Breaded Drumstick Dinner Roll Creamy Potatoes Corn on the Cob Sweet Clementine Choice of Milk	"Pizzeria Style" Slice of Pizza (V) Garden Salad Three Bean Salad Juicy Plump Grapes Choice of Milk
"Mama Mia" 31 Meatball Sub Green Beans Cucumber Coins Baby Banana Choice of Milk	1 No School Today	2 "Homemade" Macaroni & Cheese (V) Baby Peas Fresh Broccoli Crowns Green Apple Choice of Milk	3 "Cheesy" Chicken Quesadilla Roasted Peppers Roasted Onions Grape Tomatoes Juicy Apple Choice of Milk	4 No School Today
7 No School Today	8 "Savory" Chicken Dumplings With Asian Sauce Vegetable Fried Rice Broccoli Crowns Fruit Cup Choice of Milk	9 Spaghetti and Meatballs WG Dinner Roll Green Beans Celery Sticks Watermelon Choice of Milk	10 "Ball Park Frank" All Beef Hot Dog (K) Boston Baked Beans Baby Carrot Sticks Fresh Blueberries Choice of Milk	11 "Personal" Pan Pizza (V) Garden Side Salad Three Bean Salad Fruit Cup Choice of Milk
"Classic" 14 Crispy Chicken Parmesan Sandwich Whole Grain Bun Golden Corn Red Pepper Strips Baby Banana Choice of Milk	"Tex-Mex" 15 Beef Nachos Grande Seasoned Black Beans Lettuce & Salsa Optional (V) Roasted Corn Orange Smiles Baby Carrot Sticks Choice of Milk	"Oven Fresh" 16 French Toast Sticks Breakfast Sausage Crispy Hash Brown Tomato Poppers Celery Sticks Juicy Apple Choice of Milk	"Delicious" 17 Turkey Barbacoa Soft Tacos Roasted Corn Cucumber Coins Juicy Plum Choice of Milk	18 "Pizzeria Style" Slice of Pizza (V) Garden Salad Three Bean Salad Juicy Plump Grapes Choice of Milk
"Delicious" 21 Cheesy Breadsticks Tomato Poppers Celery Sticks Juicy Apple Choice of Milk	"Delicious" 22 Seasoned Beef Soft Tacos Roasted Corn Tomato Poppers Orange Smiles Choice of Milk	"Cheesy" 23 Chicken Penne Alfredo WG Dinner Roll Sweet Peas Carrot Sticks Green Apple Choice of Milk	"Delicious" 24 Steak and Cheese Sub Green Beans Roasted Potato Rounds Juicy Plum Choice of Milk	25 "Personal" Pan Pizza (V) Garden Side Salad Three Bean Salad Fruit Cup Choice of Milk

Menus are subject to change.

ENJOY FREE BREAKFAST EVERY DAY

Our Daily Grab & Go Breakfast Includes:

Whole Grain Items, ½ Cup of Fruit or 100% Fruit Juice

Additional Fruit or Veggie Options

and Fat-Free or 1% Milk Choice Are Available As Well

Whole Grain Items Include - Muffins, Cereal, Cereal Bars, Breakfast Breads, Hot Breakfast Items And A Variety of Whole

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STUDENT
NUTRITION

This in equal opportunity provider.